



### ➤ WHAT CAN YOU DO AS PSGs?

On 8 Apr, our children started home-based learning (HBL). As PSGs, you can play a role in supporting other parents as they adjust to Working From Home (WFH) and HBL.

- Share with your network of parents about the **MOE Parent Kit series** and how you used the tips
- Share good practices that you hear about HBL across your networks. Here are some we heard: Set aside 1hr a day for bonding activities; Involve the children in helping with household chores; Pick fun activities to do at the end of the day
- Share any concerns and suggestions you hear from parents with the school e.g. too much screen time, good experience on Student Learning Space (SLS)

### SUPPORT

**Share quick tips and good practices.**





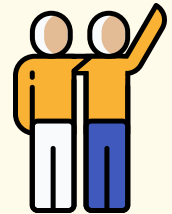
## REMIND

### Reinforce the message of Staying Home and Keeping Safe.

- Share ideas with parents on how they can stay home with their families and still contribute in the fight against COVID-19 through the [SGUnited](#) website
  - Create a "Day in the Life of..." activity to get parents to share what they have been doing at home when their children are working on HBL
  - Encourage parents to engage their children on issues like social responsibility and resilience through the sharing of positive stories such as those about the frontline heroes
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- Check-in with parents on how they are supporting their children on HBL and coping with WFH at the same time (You can include some memes and [cute stickers by MOE](#) !)
  - Agree on a time to chat if they need an 'outlet' to discuss issues they are facing having their children around 24/7 or just for moral support
  - Refer parents who may need support in professional/personal issues during this time to the National Care Hotline (6202 6868), coordinated by the Ministry of Social and Family

## ENCOURAGE

**Form a community.  
Do regular check-ins.**



**Want more PSG Kits? Click [here](#) to tell us what you'd like to know – about HBL and beyond!**