

## 2022 MOE-OBS Challenge Programme - E-Registration Guide for Parents

### Step 1:

Please proceed to the FormSG link provided by the school to begin the e-registration.



*Screen shot of the E-Registration Form. The format may have changed after the production of this guide.*

### Step 2:

Please note that for security reasons, the registration form will automatically log out if it is not completed within 30mins and no details will be saved. Please **do not refresh** the page before submission as this will remove the entered details. As such, you are advised to **read the instructions** and gather the required information before logging in.

#### Instructions

1. Only a Parent/Legal Guardian of the Applicant may complete this Registration Form on behalf of the Applicant if the Applicant is below 18 years old.
2. The submission of a completed Registration Form by the Parent/Legal Guardian of the Applicant indicates your interest to enrol the Applicant into the MOE-OBS Challenge Programme (the "Course").
3. The information you have provided is taken as true and accurate to the best of your knowledge, and you are taken to have read the "Important Note" provided at <https://go.gov.sg/moeobs-importantnotes> and to have understood the Course participation requirements, including permission to administer over-the-counter medication to Applicant if necessary.
4. You will need the following information to complete the Registration Form:

*Screen shot of the instructions. Please refer to the complete set of instructions on the website link.*

**Step 3:**

Please have the following health information of your child/ward ready for submission:

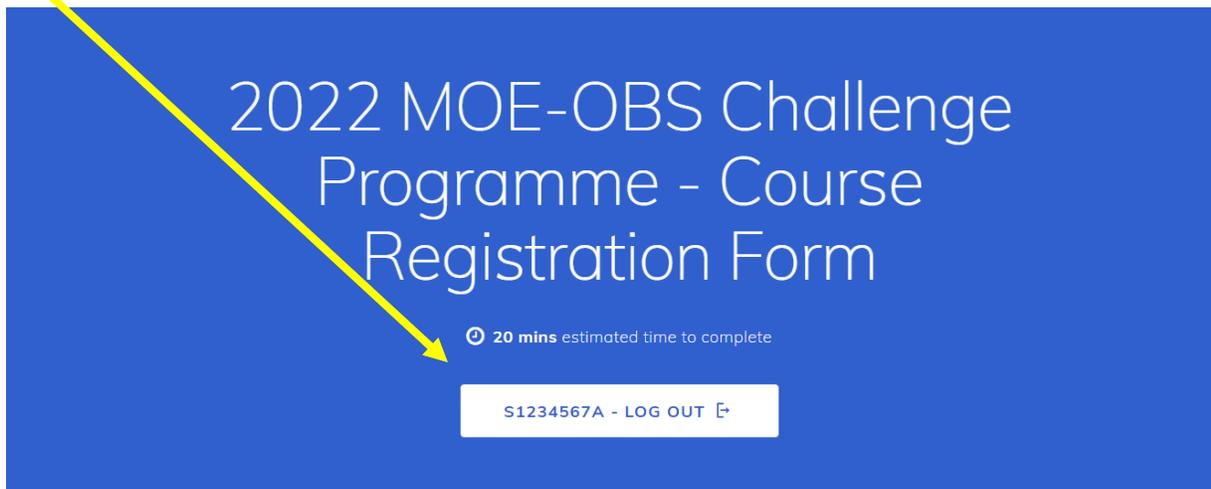
- Height (in m)
- Weight (in kg)
- Body Mass Index (BMI)  
*BMI may be calculated from <https://www.healthhub.sg/programmes/93/bmi-calculator>*
- Latest Tetanus Immunisation Date  
*Tetanus vaccination date may be obtained from student health booklet or retrieved from <https://www.nir.hpb.gov.sg/nirp/eservices/login>*

Kindly also take a look at the following list of diagnosed medical conditions of concern. If any of them pertains to your child/ward, please prepare the basic information such as the name/type of condition and medication taken if any.

● Excuse from Physical Education (PE) lessons and/or National Physical Fitness Award (NAPFA) test.
● Breathing problems within the last 12 months (e.g. Asthma)
● Heart problems (e.g. angina / heart murmur / extra heartbeat / mitral valve prolapse)
● Blood disorder (e.g. thalassaemia major / thalassaemia minor / anaemia)
● Epilepsy, fits or seizure condition within the last 24 months
● Bone / joint / tendon injuries or condition (e.g. dislocation / fracture / slip disc)
● Diagnosed behavioural or psychological condition (e.g. ADHD / ADD / ASD / OSD / eating disorders / anxiety / depression condition)
● Currently on long term prescribed medication
● Sleep walking within the last 12 months
● A carrier status for any infectious disease
● Allergy to medication(s) / environmental factor(s) / food item(s) / ingredient(s)
● Any other condition(s) not listed above that could affect Student's ability to engage in physical activities in the outdoors or interact with others in an unfamiliar social setting (e.g. running, climbing, trekking with heavy load, camping, medical devices/implant.)

**Step 4:**

Click on the login button as pictured to log in with your Singpass.



If you do not have a Singpass, you may register for a Singpass via [www.ifaq.gov.sg/singpass](http://www.ifaq.gov.sg/singpass). The link also provides responses for other Singpass-related queries.

**Step 5:**

Select enter your email address and contact number.

#### Information for Course Enrolment Review

Provide the contact details of the parent/legal guardian completing this Registration Form and/or acting as emergency contact for the Applicant during the Course

1. Name of Parent/Legal Guardian

2. Email of the Parent / Legal Guardian

An acknowledgement will be sent to the email address provided. If you do not have an email account, you may use the school's email address ([name@school.edu.sg](mailto:name@school.edu.sg)) and request for a copy of the acknowledgement from the school. Please ensure that the email address provided below is accurate.

3. Contact Number of the Parent / Legal Guardian

MOE-OBS will contact you via the number provided if required.

An acknowledgement will be sent to the email account provided. If you do not have an email address, please enter the school's email address (*provided on the form*) and request a copy of acknowledgement from the school.

**Step 6:**

Complete Part 1 by filling in all the personal particulars of the participating student.

Part 1: Applicant's Personal Information

7. Applicant's Personal Identification Document

- Birth Certificate / NRIC / Student Pass
- Passport

8. Full Name of the Applicant

as it appears in the Applicant's Personal Identification Document

9. School

**Step 7:**

Complete Part 2 by answering questions of the health information of the participating student.

Part 2: Applicant's Health Information

Note:

- 1. Health information provided must be comprehensive and recent for the assessment of the Applicant's participation in the Course. Physician's recommendation of fitness may be required to attend the Course.
- 2. A "physician" refers to a medical practitioner registered under the Medical Registration Act (Chapter 174)
- 3. Ensure the declaration of health information takes place within six (6) months before the start of the Course.

17. Is the Applicant medically exempted from attending Physical Education lessons?

<input type="checkbox"/> NO	<input checked="" type="checkbox"/> YES
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18. Is the Applicant medically exempted from attending National Physical Fitness Award (NAPFA)?

<input type="checkbox"/> NO	<input checked="" type="checkbox"/> YES
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**Step 8:**

Lastly, complete Part 3 by selecting the appropriate checkboxes for acknowledgement and consent before submitting.

If you are unable to submit, please scroll up to check if you have missed out any required information.

### Part 3: Declaration & Acknowledgement

#### 35. Information Declaration

- I declare and confirm that all the information provided is complete, true and accurate to the best of my knowledge, and there is no undisclosed information that would affect the assessment of this application for the Applicant's safe participation in the Course. I will promptly inform MOE-OBS of any change in any of the information provided. I understand that MOE-OBS reserve the right to make the final admission decision based on the information provided in the Registration Form, course intensity and other operational considerations. I understand that if the information provided is incomplete, untrue or incorrect, MOE-OBS reserve the right to reject the application or withdraw the participation of the Applicant at any time.

#### 36. Medical Declaration

- I give permission for MOE-OBS to administer any medical treatment that MOE-OBS deem necessary to maintain the Applicant's well-being during the Course. This includes administration of oral or topical over-the-counter medication. In the event of the Applicant's illness or injury, I give my further consent to MOE-OBS to seek medical treatment and

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**Step 9:**

Please fill-in and complete the form in a single session. After submission, you should see the following screen. A PDF of the completed registration form will be sent to the email address provided.

Thank you for registering your child/ward for the MOE-OBS Challenge

An email with the submission will be sent to the email address provided. Please contact the Teacher Coordinator for more information regarding the enrollment status.

FREQUENTLY ASKED QUESTIONS

Qn.1 When will the Applicant know he/she is accepted into the MOE-OBS Course?

We will process the Registration Form and inform the Teacher Coordinator of the Applicant's enrolment status for the Course at least 3 weeks before the course. If you need more information please contact the Teacher Coordinator.

Qn. 2 Where can I find out more about OBS?

To find out more about OBS, visit <https://www.nyc.gov.sg/en/obs> or connect via our social media on

FB: [outwardboundssingapore](https://www.facebook.com/outwardboundssingapore)

Instagram: [OutwardBoundSG](https://www.instagram.com/OutwardBoundSG)

YouTube: [OutwardBoundSpore](https://www.youtube.com/OutwardBoundSpore)

(End)

**Step 10:**

A medical examination by a medical physician is not required for most participating students.

However, if you see the following pop-up note at any point during the completion of the form, the student will require a medical physician's assessment to certify the student to be fit for the programme.

Note: The Applicant is required to be certified fit by a Physician to attend the Course with the stated condition. Complete this registration and get in touch with the Teacher Coordinator for advice.

- Step 1: Obtain the Medical Examination Form from the School Teacher Coordinator.
- Step 2: Print or show the doctor the e-Registration Form response in PDF.
- Step 2: Give the Medical Examination Form to the medical doctor to certify your child fit to participate in the 2-day Programme.
- Step 3: Ensure that the Medical Doctor has certified your child 'fit' on the Medical Examination Form (with medical doctor's signature and stamp of clinic details)
- Step 4: Submit the completed Medical Examination Form and doctor/specialist memo (if applicable) to the school through your child.