

Queenstown Secondary School

Sec 1 Cohort Camp

26th - 29th May 2025

Rules and Regulations



Pillars of the Camp

CHOICES HAVE CONSEQUENCES

Every choice carries a consequence.
I have the power to choose.

NO FAILURES ONLY
LEARNING EXPERIENCES

The only failure in life is not participating 100%

ALL FOR ONE, ONE FOR ALL

Together Everyone Achieves More.

DO IT ONCE, DO IT FAST, DO IT RIGHT

Do your best the first time, Every Time.

Aktivate

IF I CAN'T, THEN I MUST

> I am always stretching, The only limits are in my thinking.

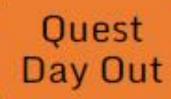
PRINCIPLES of SUCCESS

Activities

Master Chef

> High Elements

Lost & Found



Paddles Up!



Activities

| Time | Flight Aileron | | | | Flight Beacon | | | |
|----------|--|----------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|----------------------------|
| | Class 1 | Class 2 | Class 3 | Class 4 | Class 5 | Class 6 | Class 7 | Class 8 |
| Day 1 AM | Flight Shelter | | Tum Over A New Leaf | Focus Ring | Nuke Disposal | Trunking | TP Shuffle | Turn Over A New Leaf |
| | Trunking | TP Shuffle | Flight Shelter | | Focus Ring | Nuke Disposal | Trunking | TP Shuffle |
| | Nuke Disposal | Trunking | TP Shuffle | Tum Over A New Leaf | Flight Shelter | | Nuke Disposal | Trunking |
| | Focus Ring | Nuke Disposal | Trunking | TP Shuffle | Tum Over A New Leaf | Focus Ring | Flight Shelter | |
| | Tum Over A New Leaf | Focus Ring | Nuke Disposal | Trunking | TP Shuffle | Tum Over A New Leaf | Focus Ring | Nuke Disposal |
| | TP Shuffle | Turn Over A New Leaf | Focus Ring | Nuke Disposal | Trunking | TP Shuffle | Tum Over A New Leaf | Focus Ring |
| Day 1 PM | Master Chef | | | | Over The Mountains | | Quest Day Out | |
| Night 1 | Fly Up High! | | | | | | | |
| Day 2 AM | Paddles Up! | | Lost & Found | | Master Chef | | Over The Mountains | |
| Day 2 PM | Lost & Found | | Paddles Up! | | Quest Day Out | | Master Chef | |
| Night 2 | X Challenge | | | | | | | |
| Day 3 AM | Over The Mountain | | Quest Day Out | | Paddles Up! | | Lost & Found | |
| Day 3 PM | Quest Day Out | | Over The Mountain | | Lost & Found | | Paddles Up! | |
| Night 3 | Flight Night | | | | | | | |
| Day 4 AM | The Trebuchets Take Flight OPERATION: LEAVE EVERY PLACE BETTER THAN YOU FOUND IT | | | | | | | |
| Day 4 PM | Home Sweet Home | | | | | | | |

Packing List

- 1. Day Pack
- 2. Writing Materials
- 3. Water Bottle
- 4. Personal Medication
- 5. Reusable Utensils
- 6. Poncho/Umbrella
- 7. Sleeping Bag
- 8. Toiletries
- 9. Plastic Bag

- 10.Long Pants (No Jeans)
- 11.Clothing for 4 days + 1 set (& Undergarments)
 - Dark colored shirt / Wet Suit
 - Wet shoes / Water Booties
- 12.Towel
- 13. Slippers
- 14.EZ-Link Card

FAQs



Attire

School attire for 1st and the last day (26 and 29-May). You can mark and wash your shirts at camp / wear primary school t-shirt / wear black, white or blue shirt for camp activities.

Handphones

So you can be fully focused on the camp, all handphones will be checked into the handphone hotels at the start of the camp and check out at the end of the camp.

Snacks

You need not and should not bring snacks to camp. You can however bid for snacks for QDO.

QDO

Do BYO equipment for playing. Bring also extra clothes, shoes and plastic bag to contain them if your QDO involves wet activities.

- Sun protection
 Do bring your sun protection (cap, sunblock, armsleeves etc.) to protect yourself.
- Personal medication
 Please remember to bring for a safe and enjoyable camp experience.
- Gathering and dismissal

Reporting venue, time: parade square, 26-May, 0715hrs

Dismissal time: 29-May, 1315hrs

